

SkinLab

Your Personal Aesthetic Prescription



*Personalized advanced treatments
and products designed to effectively
revitalize the face and the body.*

by HAIDEH HIRMAND/MD

Welcome to



SkinLabRx is your personal aesthetic prescription. Drawing on her expertise in cutting-edge non-invasive technologies, Dr. Hirmand has designed a multifaceted program of signature aesthetic treatments that expand the spectrum of rejuvenation.

SkinLabRx offers:

1. A Personal Aesthetic Consultant (PAC):

Your PAC Provides:

- One-on-one skin rejuvenation consult
- Aesthetic treatment plan based on your goals
- Frequent progress reports to ensure results are achieved
- Unlimited follow-ups

2. The Radiance Membership Option:

First-of-its-kind Concierge Membership (\$3500 Annually) Includes:

- Consultation with Dr. Hirmand (any topic)
 - o Follow-up visits with Dr. Hirmand – 3 times per year
 - o Monthly progress report and follow up from PAC and Dr. Hirmand
 - o Welcome Procedure Package:
 - § Sonic Clean, iPEEL, Customized Chemical Peel
 - o Welcome Product Package:
 - § Retinol, Sunscreen, Anti-oxidant
- 10% courtesy on select procedures
- Special treatment / product offerings exclusively for members
- VIP access to latest technologies / treatments not yet released to market / special events
- Priority booking

FACE & EYES

SONIC CLEAN.....300

Ultrasonic Facial - Deep cleansing, incredibly hydrating and age-defying. The three phase facial using ultrasound energy exfoliates and cleans the pores, uses microcurrent to stimulate collagen, and drives anti-oxidants deep into the skin.

iPEEL.....250

THE Ultimate Anti-aging Eye Treatment- A unique 10 step eye treatment to exfoliate, lighten fine lines and hyperpigmentation, and hydrate the most delicate skin of the body.

PRP REGENERATE.....UPON CONSULT

This Next Generation prevention and corrective therapy uses the body's own healing process for rejuvenation. Plasma derived from each person's own blood sample is injected under the skin to improve texture and tone. PRP (Platelet Rich Plasma) promotes blood supply, collagen synthesis, and contains nutritive growth factors with positive impact on luster and vitality of the skin. 1-3 monthly sessions recommended.

MAINTENANCE PEELS 3-PHASE PEEL SYSTEM

To improve and maintain the skin's health and luster *without downtime*:

- 1. PREPARE:** Dermaplaning or Mask Exfoliation
- 2. PEEL:** 5 maintenance peels for all skin types and problems
- 3. PROTECT & HYDRATE:** Soothing anti-inflammatory agents topped off with an ultra hydrating hydrocellulose Mask. Finished off with healing epidermal repair cream and a thin layer of physical sunblock.

SENSITIVE.....250/350

Mild clinical grade peel containing lactic acid- gently exfoliates to reduce signs of photoaging including fine lines and skin imperfections.

GLOW 20/30.....250/350

Glycolic Acid – customized concentration alpha hydroxy acid – accelerates cell renewal, stimulates collagen synthesis, and increases elastin content while reducing the appearance of fine lines and improving skin's tone.

SHINE 20/30.....250/350

Salicylic Acid-customized concentration beta hydroxyl acid- does everything above and penetrates deep into pores and micro-exfoliates to decongest clogged pores and reduce bumpiness and break outs.

PIGMENT BALANCING PEEL.....250/350

A special combination of peeling acids, high-performance brightening and anti-inflammatory agents to dramatically improve the appearance of spotty and photodamaged skin. (4-6 treatments recommended for best results)

TCA 10.....250/350

Gentle peel allowing new, healthier skin to emerge. Helps with sun damage, fine lines, uneven skin tone and pigmentation.

FACE & EYES

CORRECTIVE PEELS 2-PHASE DEEP PEEL SYSTEM

To effectively treat hyperpigmentation, fine lines, and damaged aging skin texture for a smooth glowing lighter skin:

- 1. CLEANSE & PEEL:** Individualized TCA medical-only deep peels
- 2. HYDRATE & PROTECT:** Calming botanicals and healing anti-oxidant solution topped off with the ultra hydrating hydrocellulose Mask. Sealed with emollient cream.

PIGMENT PEEL.....UPON CONSULT

TCA 20- Effective medical-only treatment targeting hyperpigmentation with no real downtime. Mild peeling significantly improves hyperpigmentation and visibly brightens the skin. Stimulates collagen production and reduces fine lines. (exclusively MD administered)

PIGMENT PEEL PLUS.....UPON CONSULT

TCA 20+ - Safe and effective customized peel penetrates deeper – dramatically treats hyperpigmentation and visibly lightens the skin. A week of peeling unveils new skin. Stimulates collagen production, reduces line and wrinkles, and improves tone and texture.

<i>*peels offered without dermaplaning & mask.....</i>	<i>250</i>
<i>*all peels offered without dermaplaning.....</i>	<i>300</i>
<i>*Series of 3.....</i>	<i>975</i>
<i>*Series of 5.....</i>	<i>1500</i>

FACE & EYES

LASERS & DEVICES

FRACTORA.....UPON CONSULT

The ultimate “micro-needling” technology using RF (radiofrequency) energy. Customizable energy levels to match the available downtime, which can range from 0 to 5 days of peeling. Fractora improves fine lines, texture, acne scars, pigment irregularities, and tone while promoting collagen production and tightening tissue.

IPL REJUVENATION.....UPON CONSULT

Intense Pulsed Light - Photo Rejuvenation improves the skin’s tone and texture, hyperpigmentation, rosacea, facial vessels, and minimize age blemishes on the face, neck, chest and hands.

IPL SPOT.....UPON CONSULT

Treat specific areas of pigmented patches and brown spots not only on the face, but also on the hands and other areas.

VASCULAR CLEAR.....UPON CONSULT

Customized laser treatment of vascular lesions and leg veins.

PALOMAR CLEAR.....UPON CONSULT

Beyond Fraxel, state-of-the-art non-ablative laser resurfacing improves tone and texture, pore size, and stimulates collagen. Also treats surgical scars, acne scars, stretch marks and melasma.

ACTIVE FX.....UPON CONSULT

State of Art “Fractional CO2” laser for high-impact individualized resurfacing. Considered the Gold Standard, it smoothens out lines and wrinkles, removes brown spots and irregularities, and tightens skin. The best collagen stimulator, it can be used around the eyes or on the whole face and chest.

*The Deep FX component is the most effective treatment available for acne scars and deep wrinkles, especially around the mouth. The two treatments together, The Total FX is the maximal effect laser experience with a one week downtime!

FORMA.....UPON CONSULT

Radiofrequency skin-firming technology for the face. The treatment delivers a boost of controlled collagen-forming heat, improving elasticity over 4-6 sessions.

ULTHERAPY.....UPON CONSULT

Micro-focused Ultrasound therapy reaches three levels under the skin to firm and lift the brow, neck, and face by using the body’s own natural healing process. Body areas such as knees, décolletage, arms and stomach can also benefit from this tissue tightening treatment.

BODY

BODY CORRECT PEELS 3-PHASE PEEL SYSTEM

Designed to rejuvenate the skin of the body.

- 1. PREPARE:** Gentle moisturizing physical exfoliation
- 2. PEEL:** There are several peels for body-specific conditions
- 3. PROTECT:** Soothing serum finished off with healing and moisturizing epidermal repair cream

REVIVE.....300/AREA

Pigment Balancing Peel targets the neck and chest as well as hands, and addresses sun damage, age spots, and crepiness. Fades accumulated hyperpigmentation and helps support collagen. Areas can be treated individually or at the same time.

TIGHTEN.....300/AREA

GL Peel with lactic acid formulated for loose crepy body zones including the abdomen, buttocks, thighs, knees and upper arms.

RESURFACE.....300/AREA

Glycolic and Salycilic peels with individualized strength for high demand body zones that easily look dull or rough such as the arms, legs, knees and elbows. These peels activate skin's regenerative response by promoting exfoliation.

HAND REVITALIZE250

3 Step peel treatment to exfoliate, soften, and brighten the hands. Moisturizing mask fortified by soothing heat finish off this revitalizing treatment.

BODY CONTOURING

COOLSCULPTING.....UPON CONSULT

Developed by Harvard scientists, this technology uses a targeted cooling process that selectively freezes and dissolves a precise fat layer deep under the skin. Fat is metabolized and eliminated with visible results starting as early as 3 weeks and continuing for 3 months. Great for belly fat, love handles and bra fat.

FORMA PLUS.....UPON CONSULT

Radiofrequency skin firming technology for the body. The treatment delivers a boost of controlled collagen-forming heat, improving elasticity over 4-6 sessions.

ULTHERAPY (FOR THE BODY).....UPON CONSULT

Micro-focused Ultrasound therapy reaches multiple levels under the skin to firm and tone using the body's own natural healing process. Body areas such as knees, décolletage, arms and stomach can benefit from this tissue-tightening treatment.

BODY

PREPARE AND ACCELERATE

Prepares for surgery and accelerates healing.

MLD—Manual Lymphatic Drainage.....250

A gentle yet precise pressure therapy that encourages the natural flow of lymph from tissues to minimize and help resolve post-op swelling.

MLD promotes faster healing. For eye, face, and body surgery.

P3 Protocol.....UPON CONSULT

Pre and Post Procedure Protocol

Customized for each individual and each surgery/procedure combination, this is a series of treatments and protocols from our SurgiSpa services, including facial cleansing and MLD, to enhance healing, minimize bruising and swelling, and optimize surgical and procedure results.

NUTRITION FOR BEAUTY

“The best anti-aging secret is a great diet”.

NUTRITION COUNSELING.....UPON CONSULT

Your diet affects not only your weight and health, but also the luminosity of your skin. The skin is your largest organ. When you eat right, it shows – in the radiance of your skin and the luster of your hair. Our nutritional specialist will create a plan that fits real lifestyles for the best “Nutrition for Beauty” for you.

**Series of 3.....700*

**Series of 51100*

**Manual lymphatic drainage was pioneered by Danish Drs. Emil and EstridVodder in the 1930s for the treatment of chronic sinusitis and immune disorders. While in the French Riviera treating patients with chronic colds, the Vodders noticed these patients had swollen lymph nodes. They developed careful hand movements to cause lymph movement. In 1936, after four years of research, they introduced this technique in Paris, France.*

SPECIALTY PROGRAMS

FOR GENTLEMEN ONLY

GENTLEMAN'S FACIAL.....300

Targeted to the specific composition of the male skin, this facial combines the three phases of the Sonic Clean facial and a thorough exfoliation and pore extraction, while finishing with a hydrating mask.

THE NEW YORK MINUTE FACIAL.....150

A 30 minute focused facial that includes, cleansing and exfoliation, pore extraction, and quick hydration to brighten skin.

THE BACK.....300

Customized chemical peels targeting this high demand body zone that can look dull or rough from lack of exfoliation and hydration.

THE SPOT TREATMENT.....UPON CONSULT

Being exposed to pollutants and sun will cause pigmentation all over the skin of the body. A customized IPL treatment will treat pigmented patches of brown spots not only on the face, but also on the back, chest and hands.

THE OUT-OF-TOWNERS

JET LAG.....UPON CONSULT

This mini-beauty package is perfect treat dehydrated skin and swelling that often occurs after long flights. The combination of a Sonic Facial and iPEEL are perfect to re-moisturize and brighten skin. Add-on a MLD treatment to encourage the flow of lymph from tissues to resolve swelling.

THE ULTIMATE NEW YORKER.....UPON CONSULT

Targeted to completely revitalize the skin of your face and body, this ultimate combination of treatments will be customized to fit your exact needs. This package entails a skin consultation, a customized chemical peel for the face and body, a MLD treatment, and injectable treatments.

THE BIG APPLE REFRESH.....UPON CONSULT

This package is designed to be a quick pick-me-up. Freshen up your face with a Sonic Peel or an iPEEL, and a touch of Botox or filler as needed.

SPECIALTY PROGRAMS

THE WEDDING PARTY

Designed to rejuvenate the skin for all members of your wedding party.

THE MANHATTAN PACKAGE (BRIDE & GROOM).....UPON CONSULT

An intense, focused treatment plan to maximize results in a New York minute. Includes an initial skin rejuvenation consultation, a series of 3-5 customized chemical peels, 3 MLD treatments*, a Sonic Clean facial and an iPEEL, strategically timed to guarantee you look and feel your absolute freshest on your wedding day.

THE ULTIMATE PACKAGE.....UPON CONSULT

For the bride and groom that plans ahead, this 3-4 month customized treatment plan ensures your most radiant look on the big day. Includes an initial skin rejuvenation consultation, a series of 3-5 customized face & body chemical peels, injectable treatments, 2 Sonic Clean facials, 2 iPEEL treatments, 3 MLD treatments and our signature Nutrition for Beauty consult.

**add-on's for non-invasive laser and CoolSculpting available*

THE "MOTHER OF THE BRIDE" PACKAGE.....UPON CONSULT

Specially designed for the mother of the bride or groom, this includes an initial skin rejuvenation consultation and a customized combination of injectable treatments, IPL Photofacial and Pigment therapy, 3 MLD treatments and vascular laser.

THE BRIDESMAID'S PICK ME UP.....UPON CONSULT

This mini-beauty package consists of a Sonic Facial and iPEEL to brighten skin for any bridal party.

THE NYC REFRESH.....UPON CONSULT

For your out of town guests, this package is designed to quickly freshen up your face with a Sonic Facial and a touch of Botox or filler as needed.



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